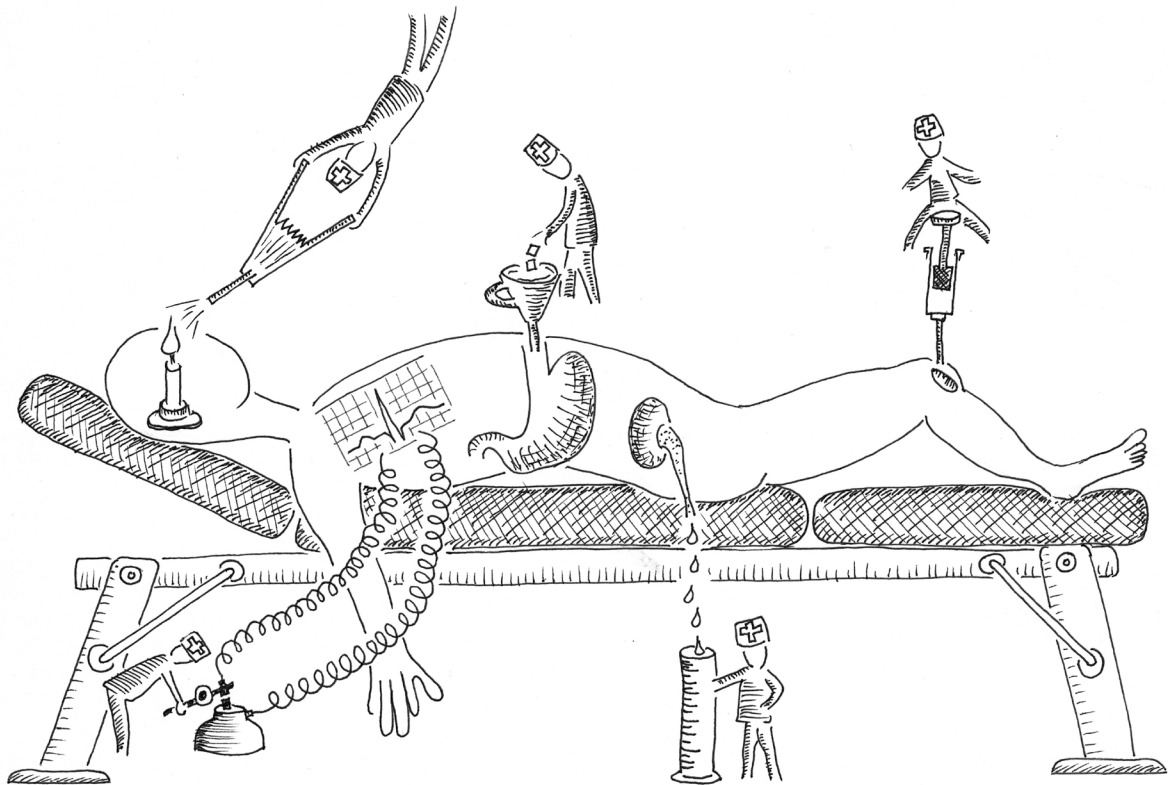




Médecine
de la Personne
International Group

Continuity of care – is it a thing of past?



74th international meeting

August 7th to 10th 2024

**NORTHAMPTON
United Kingdom**

www.medecinedelapersonne.org

The International Association for Medicine of the Person

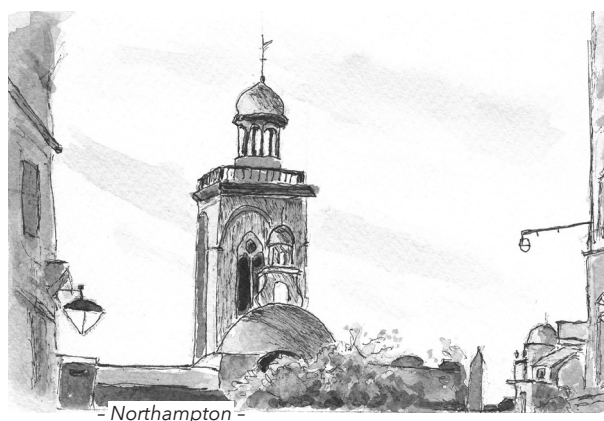
We are doctors and other medical professionals and their spouses who regard the relationship with the patient as an essential part of treatment. At our conferences, we discuss the connections between the illness and the psychological, social or mental problems of our patients under a central theme.

Paul Tournier from Geneva explained 'Medicine of the Person' in his books and practised it from 1940 onwards. The scientific and technical analysis and treatment of illness is deliberately supplemented by a personal relationship with the aim of understanding the significance of the health disorder in the patient's life and working through any stressful problems.

The Association's annual conferences are organized around a theme related to Medicine of the Person. Each day begins with an opportunity for meditation before breakfast. This is followed by a reading from the Bible and the medical presentations. Afterwards, small groups discuss the lectures and how they relate to daily practice.

The talks are given either in French, German or English and can be read at the same time in printed translation in the other languages. The discussions in small groups (monolingual or bilingual) are regarded as an essential component of the conferences and are confidential. In the evenings there are further opportunities for discussions and personal exchange of experiences. The conference will end with an ecumenical service on Saturday.

Three days of relaxation and discovery before the conference will provide an opportunity to get to know more of the area and to socialise with colleagues and friends from different countries.



> In order to register

for the conference please return the form to the secretariat of your country (see page 8) by 15th May 2024. You can also register online at the website: www.medecinedelapersonne.org.

As the workshops in small groups and personal contacts play a fundamental role, it is only possible to come to the whole conference.

For other information, see page 7.

Continuity of care – is it a thing of past?

What is continuity of care? For me, it's about seeing the same person. Even though I usually see patients no more than once a year in my valve clinic (less frequently since the covid epidemic when I fell behind), we still greet each other warmly, they enquire after my children, I notice when they are more breathless or unsteady walking into my clinic room, or when they seem to be struggling more to find their words. Because they know me, I hope they will find it easier to pick up the phone and let me know when they develop new symptoms and need a review. In the words of Helen Salisbury, a GP who writes a weekly article in the BMJ and has been writing a lot about continuity of care recently; 'It's much easier to ask for help from someone you've already met, and to trust they'll respond. Not everyone has the reassurance someone is looking after them'. (BMJ 2023:380:p209).

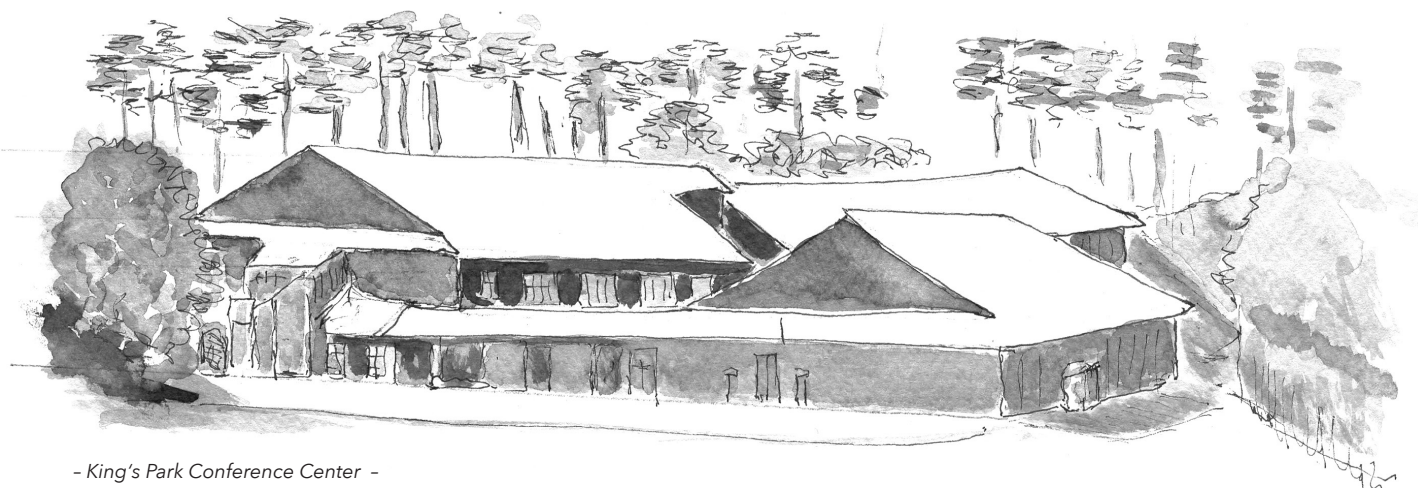
Paul Tournier wrote in 1962; 'The essential part of psychotherapy is listening, long and passionate listening, with love and respect and with a real effort at understanding. It is the effort to go beyond the apparent and to discover the hidden or distant causation.' (To understand each other/Difficultés conjugales.) I believe this applies to all interactions with our patients. And a little earlier in the same book; 'It is impossible to over-emphasize the immense need men have to be really listened to, to be taken seriously, to be understood.' I like the image conjured up by John Launer, GP educator and writer; 'I sometimes think that listening to a patient's story is like letting a dog off a

lead. Instead of holding onto its leash tightly, you let it explore wherever it wants, following it around the park as it does. It will often find the ball far more quickly than if you drag it where it doesn't want to go. Patients' stories, when witnessed and gently questioned, will usually reach their own resolution more effectively than if you try to control them.' (BMJ 2024: 384: q83). It is far easier to allow the patient to do this when you know something of their story already because you have seen and talked with them on previous occasions.

Our speakers this year will tell us about their experience of continuity of care – or its absence – and whether they feel it is essential to the therapeutic relationship or not that important. We will then have the opportunity to share in our small groups our personal reaction to the talks, and how what we have heard has made an impression on us. If we are still practising, it may just change the way we interact with our patients. If we have retired or become patients ourselves, it may change what we look for in our doctors and therapists.

Kathy Webb-Peploe

Programme 2024



- King's Park Conference Center -

Daily at 08.10: meditation (optional)

Wednesday 7th August

From **17.00** onwards: arrival of participants

18.30 Dinner*

20.30 **Welcome, information**

Kathy Webb-Peploe, President

Paul Tournier and Medicine of the Person

Frédéric von Orelli, Vice president

Thursday 8th August

8.30 Breakfast

9.30 **The prodigal son, Luke 15; 25-32**

Netty Brink, general practitioner, Netherlands

10.00 **Continuity of care needed to build a relationship of mutual trust**

Florence Depeursinge, cardiologist, Switzerland

11.00 Coffee-Break

11.30 Groupwork

13.00 Lunch*

16.00 **Continuity of care when treating pain**

Frédéric von Orelli, internist, Switzerland

17.00 Coffee/Tea-Break

17.30 Groupwork

18.30 Dinner*

20.30 Personal Ideas



Friday 9th August

- 8.30 Breakfast
- 9.30 **Continuity of care following the example of Christ, Mark 5; 21-43**
Jocelyne and Cédric Déruaz-Drapel, general practitioner and allergologist, Switzerland
- 10.00 **Why I (still) enjoy doing outpatients**
Kathy Webb-Peploe, cardiologist, United Kingdom
- 11.00 Coffee-Break
- 11.30 Groupwork
- 13.00 Lunch*
- 15.00 **Members' Meeting**
- 16.00 **Requiem for continuity of care – only temporary?**
Étienne Robin, nephrologist, France
- 17.00 Coffee/Tea-Break
- 17.30 Groupwork
- 19.00 Dinner*
- 20.30 Short concert by barbershop 'Short back and sides' (including Kathy's son Jonny) followed by social evening

Saturday 10th August

- 8.30 Breakfast
- 9.30 **Keeping going and not giving up, Mark 7; 24-30**
Anja-Uta Wilms, ophthalmologist, Germany
- 10.00 **Is it possible to rebuild severed ties through continuity of care?**
Beatrice Beauverd, teacher of sociology and art therapist, Switzerland
- 11.00 Coffee-Break
- 11.30 Groupwork
- 13.00 Lunch*
- 14.30 **Ecumenical Service**
- 15.30 End of the Conference

* Please note that the consumption of alcohol is not permitted at King's Park conference centre

Médecine de la Personne, International Group Annual General Meeting

All participants having paid the annual fee are invited to attend the annual general meeting at 15.00, Friday August 9th 2024 in Northampton. Members unable to attend may delegate a proxy using the form attached to the registration form.

Agenda: General Report | Financial Report | A.O.B.



Kathy Webb-Peploe, President

Discovery days

Sunday 4th to Wednesday 7th August 2024

Sunday 4th August

- > 16.00 onwards: Arrival
- > 18.00 Dinner at King's Park
- > 20.00 Welcome and information about the discovery days

Monday 5th August

Castle Ashby Gardens

> 9.30: Departure for Castle Ashby Gardens. At the ancestral seat of the 7th Marquess of Northampton we visit the gardens with a romantic Italian garden, an orangery (1872) and an arboretum as well as a menagerie with meerkats and marmosets.

> 12.00: Lamport Hall, home of the Isham family with parts dating from 1568, known for the family's outstanding collection of furniture, books, porcelain and paintings.



- > 12.30: Buffet lunch
- > 13.30: Guided tour of the house, followed by free time to explore the gardens and tea at 16.00
- > 16.30: Concert by the jazz a cappella group "Lo-five" (with Kathy's daughter Sophie and her friends from Cambridge, who sang together in the world-famous Trinity College choir)
- > 17.30: Departure for dinner in a local pub.

Tuesday 6th August

Cambridge

- > 9.15: Departure for Cambridge
- > 10.30: Visit to Kettle's Yard, a leading gallery of 20th century art.
- > 12.30: Lunch at Trinity College (where Kathy, her daughter, her father and her grandfather

studied), guided tour of the college and organ concert of English music in Trinity Chapel.

> 16.30: Free time for shopping, punting, exploring Cambridge.



> 18.30: Dinner at Bill's Restaurant

> 21.00: Return to King's Park

Wednesday 7th August

Northampton

> 9.30: leave for Northampton museum and art gallery which includes the Shoe museum, exhibitions about the sinking of the Titanic and the children's author and illustrator David McKee (Elmer the patchwork elephant and Mr Benn)

> Walk to 78, Derngate for lunch and tour of the house whose interior was designed by Charles Rennie Mackintosh (1868-1928).

> 16.00: return to King's Park to welcome colleagues arriving for the study days.



Booking information

Conference address

King's Park Conference Center

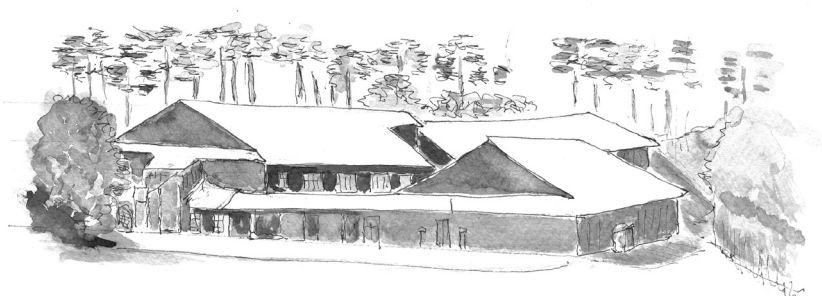
Kings Park Rd.

UK – Northampton NN3 6LL

Tel +44 1604 493 111

kingspark@acuk.net

conference.naycacuk.co.uk



Travel instructions

By car

M1 motorway to junction 15. A45 to Northampton 6 km. A43 to Stamford 2,5km. A5076 to King's Park 2 km.



By train

Eurostar to London St Pancras, then from London Euston to Northampton 12-minutes car/taxi journey to conference centre.

By plane

London *Heathrow*, *City* or *Gatwick* airports, London underground to London Euston station, then train to Northampton, 12 minute car/taxi journey to conference centre

Luton Airport, National Express coach to Northampton (1 hour 15), car/taxi to conference centre.

Cost

(given per person, and including conference fees, annual fee, visits, all meals and lodging)

Discovery days (4. - 7. 8. 2024):

£ 640 / € 750 (children 5-16: 50 %, 0-4: free)

Conference (7. - 10. 8. 2024):

£ 490 / € 570 (children 5-16: £ 190 / € 225, 0-4: free)

Students/participants from Eastern Europe:

£ 150 / € 175 (study days)

Other reductions available on enquiry from Equipement members.

We ask that those coming attend all the study days, as the discussions in the small groups and the way opinions and experiences are shared in those groups as the members get to know each other better are an important part of what we learn at these meetings of Médecine de la Personne.

How to book and pay

It is possible to reserve **extra nights** both before and after the meeting, by contacting King's Park after booking your place at the meeting.

Booking can be done online on the website www.medecinedelapersonne.org or by printing the subscription form and sending it to your regional secretary (page 8) before **15th May**. The **total cost** needs to be paid before the **15th May**

Children of participants are welcome. They remain the responsibility of their parents. During the study days childcare will be available for children over 6.

For further information prior to the meeting please contact

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or your regional secretary

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